

PARC AGING RETREAT



USA at 250 Years: Aging Healthily

FRIDAY, MAY 1, 2026

University of Pennsylvania
PSC Commons (403 McNeil Building)
3718 Locust Walk, Philadelphia, PA 19104
Zoom Meeting ID: 975 6180 7020 | Passcode: 648249



PROGRAM

- 8:30-9:00 AM** **Breakfast & Coffee/Poster Drop-Off**
Location: McNeil Building, PSC Commons, 4th Floor
- 9:00-9:15 AM** **Welcome to the PARC Aging Retreat**
PARC Co-Directors Hans-Peter Kohler & Norma B. Coe, University of Pennsylvania
- 9:15-10:15 AM** **Keynote Address 1: “Aging Workforce: Who Are They and How to Prepare for the Future”**
Bianca K. Frogner, University of Washington School of Medicine
- 10:15-10:30 AM** **Break**
- 10:30-12:00 PM** **Session 1: Healthcare and It’s Workers**
- 10:30 AM **“Double Shift for Lower Pay: Multiple Jobholding Penalty among Direct Care Workers”**
Jiyeon Kim, University of Pennsylvania
- 10:50 AM **“Medicaid Unwinding among Older Adults and Adults with Disabilities”**
Sarah Henderson, Johns Hopkins University
- 11:10 AM **“Health Care Spending on the Margin: Evidence from the U.S. Hospice Industry”**
David Rosenkranz, Fordham University
- 11:30 AM **Q&A**
- 12:00-1:00 PM** **Poster Presentations and Lunch**
Location: McNeil Building, McNeil Atrium, 2nd Floor
- 1:00-2:00 PM** **Keynote Address 2: “Outlook”**
Kent Smetters, University of Pennsylvania
Location: McNeil Building, PSC Commons, 4th Floor



2:00-3:20 PM Session 2: ADRD and Cognition

- 2:00 PM **“The Value of Insuring Against Dementia-Related Financial Risk”**
Spencer Perry, University of Alaska Anchorage
- 2:20 PM **“The Follow-Through: Rates of Outpatient Follow-up for Suspected Cognitive Impairment Identified in Older Hospital Inpatients”**
Colbey Freeman, University of Pennsylvania
- 2:40 PM **“Medicaid Program Design in Predicting Home- and Community-Based Services (HCBS) Use among Older Duals by ADRD Diagnosis”**
Yutong Zhang, Johns Hopkins University
- 3:00 PM **Q&A**

3:20-3:30 PM Break and Refreshments

3:30-4:30 PM Session 3: Demography of Aging

- 3:30 PM **“The Foreign-Born Population and State-Level Life Expectancy over the Last Thirty Years”**
Eugenio Paglino, University of Helsinki
- 3:50 PM **“Gendered Work-Family Histories and Cognition in Later Life: Evidence from Chile”**
Catalina Bravo, University of Pennsylvania
- 4:10 PM **Q&A**

4:30-4:45 PM Closing Remarks

KEYNOTE SPEAKER BIOGRAPHIES

Bianca K. Frogner

Bianca K. Frogner, PhD, is Professor and Interim Chair of the Department of Family Medicine (DFM) in the School of Medicine at the University of Washington (UW). She is the Director of the UW Center for Health Workforce Studies housed in DFM. Dr. Frogner previously served as a Governor-appointed member of the Washington State Health Care Cost Transparency Board. She has served on National Academies of Sciences, Engineering, and Medicine committees, including most recently as co-chair of a workshop on the affordability of health professional education. She is on the Editorial Boards of *Milbank Quarterly*, *Health Services Research*, and *Medical Care Research and Review*. Dr. Frogner has produced about 200 publications, including peer-reviewed articles, book chapters, and reports. She has delivered over 250 scholarly presentations and has appeared in media outlets including *CNN*, *NPR*, *Wall Street Journal*, *Washington Post*, *Vox*, and *Politico*. She has received awards recognizing her excellence in both mentorship and research. Dr. Frogner completed a postdoctoral fellowship at the University of Illinois at Chicago School of Public Health, received her PhD in health economics at the Johns Hopkins Bloomberg School of Public Health, and a BA at the University of California, Berkeley in Molecular and Cell Biology.

Kent Smetters

Kent Smetters, PhD, is the Boettner Chair Professor at the University of Pennsylvania's Wharton School and a Faculty Research Fellow at the National Bureau of Economic Research. Besides being a professor of Business Economics and Public Policy, he is also a professor of Insurance and Risk Management and a faculty member in Applied Mathematics and Computational Science at Penn. His research focuses on applied theory, fiscal policy, risk measurement, insurance, health care, and personal finance. Previous policy positions include the Congressional Budget Office (1995 to 1998) and Deputy Assistant Secretary (Economic Policy) at the United States Treasury (2001-2002). He and his coauthor recently won the 2016 TIAA Paul A. Samuelson Award for their study on annuitization. He is the host of "Your Money," a weekly personal finance radio show on SiriusXM 111 (Business Radio), as well as a monthly contributor to the Wall Street Journal. He occasionally provides support on meaningful legal cases related to medical malpractice, ERISA, insurance, financial advice, and securities offerings. Kent Smetters received his PhD in Economics from Harvard University.

POSTER PRESENTATIONS

Assessing Cognition and SSDoH Factors with Event-Based Modeling in a Cognitively Unimpaired Cohort in the Penn ADRC

Emma Fischer, University of Pennsylvania

Evaluating the Association of Housing: Type and Measures of Cognitive Function and Physical Activity in Retired, Latino Older Adults

Nikita Patel, University of Pennsylvania

Enhancing Fall Risk Assessment using AI: Data-Driven Insights for Proactive Intervention

Madhav Manikandan, University of Pennsylvania

Discrepancies Between Subjective and Objective Sleep Measures and Their Association with Cognitive Function in Older Latinos with Mild Cognitive Impairment

Abraham Medina, University of Pennsylvania

Differences in Knowledge of Alzheimer's Disease across Groups Defined by Age, Gender, Educational, and Ethno-Racial Category in the US Population

Minqi Xu, University of Pennsylvania